

## **South Bay Community Association**

### **South Bay Club**

#### **Fitness Center Equipment**

- Nautilus (Circuit) Multi-station
- Treadmill (3)
- Elliptical (2)
- Recumbant Bicycle
- Stairclimber
- Stationary Bicycle
- Rower
- Hoist Cable Column
- Dumbbells
- Benches
- Weight Lifting Equipment
- Balance Boards
- Hand Gripper
- Head Harness Developer
- Chinup Bar
- Wrist Roller
- Swiss Ball
- Floor Pad
- Ab Sling
- Balance Bar and Beam
- Mats
- Foam Roller
- Medicine Balls
- Kettle Balls
- Bosu
- Bungee Cord and Hip Developer
- Wood Blocks

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